

TRAVEL VACCINES

Anyone considering travelling abroad is reminded to look at the latest Foreign and Commonwealth Office travel advice, listed by country at www.gov.uk/foreign-travel-advice

You can also access the Fit for Travel website which has a great deal of information regarding travel and vaccines:

www.fitfortravel.nhs.uk

- The countries that you are visiting will determine the vaccinations that you require.
- You will need to complete our travel questionnaire for assessment by our nurses who are able to provide some travel vaccinations.
- It is important that you submit your completed travel questionnaire as early as possible (ideally at least 8 weeks prior to travel) to allow the maximum amount of time for your requirements to be assessed and for all necessary vaccines to be administered and become active before you travel.

WHICH TRAVEL VACCINES ARE FREE ON THE NHS?

The following travel vaccines are available free on the NHS if your GP practice is signed up to provide vaccination (immunisation) services.

- Polio (given as a combined diphtheria/tetanus/polio jab)
- Typhoid
- Hepatitis A – adult and paediatric (this may sometime be given as a combination of Hepatitis A & B vaccine)

| Vaccination | No.of doses to complete course | NHS Eligibility |
|--------------------------|--------------------------------|--------------------------------|
| Hepatitis A | 2 doses 6-9 months apart | Free eligibility under the NHS |
| Hepatitis A Typhoid | Combined single | Free eligibility under the NHS |
| Tetanus Diphtheria Polio | Combined single | Free eligibility under the NHS |
| Typhoid | Single | Free eligibility under the NHS |

These vaccines are free because they protect against diseases thought to represent the greatest risk to public health if they were brought into the country.

When the Practice Nurses have assessed your travel requirements who will be advised which vaccinations you require and which ones can be provided on the NHS by the surgery and which you will need to attend a private travel clinic for.

WHICH TRAVEL VACCINES WILL I HAVE TO PAY FOR?

Many travel costs are not covered by the NHS and these are chargeable. You will need to go to a private travel vaccination provider. The cost of travel vaccines that aren't available on the NHS will vary, depending on the vaccine and number of doses you need.

It's worth considering this when budgeting for your trip.

HEPATITIS VACCINE SHORTAGES - There is currently a Global shortage of both Hepatitis B vaccines. Because of this, in line with the recommendations from Public Health England you may find that private travel vaccination service may not be able to supply you with this.

| Private Vaccinations | No. of doses to complete course |
|--|--|
| Hepatitis B (adult) | Course of 3 + Booster |
| Hepatitis B (child) | Course of 3 + Booster (now part of childhood immunisation programme) |
| Hepatitis A+B | Combined single. Course of 3 + booster if rapid doses given |
| Japanese Encephalitis | Course of 2 |
| Meningitis ACWY | Single |
| Malaria Prophylaxis | This will be advised |
| Rabies | Course of 3 |
| Tick Borne Encephalitis | Course of 2-3 |
| Yellow Fever | Single |
| Certificate of vaccination/duplicate certificate | This will be an additional cost |
| Private prescription | This will be an additional cost |

REGISTERED YELLOW FEVER CENTRES

Yellow fever vaccines are only available from designated centers. East Norwich Medical Partnership is **not** registered to provide Yellow Fever vaccinations.